



CITATION TO ACCOMPANY THE AWARD OF
THE AIR MEDAL
TO
TECHNICAL SERGEANT FRED C. KARST

Technical Sergeant Fred C. Karst distinguished himself by meritorious achievement while participating in aerial flight as a Pararescue Specialist near Luke Air Force Base, Arizona, on 13 April 1984. On that date, while participating in Exercise QUICK FORCE 84-3, Sergeant Karst responded to a request for assistance when an exercise participant fell gravely ill during a combat rescue scenario. Sergeant Karst helped to direct his aircraft to the site and effect a difficult night landing in hazardous terrain. He stabilized the patient, a victim of heat stroke, and expertly treated him at the site and during the return flight. By his professional actions, Sergeant Karst saved the victim's life. The professional skill and airmanship displayed by Sergeant Karst reflect great credit upon himself and the United States Air Force.

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