

**PARARESCUE/RECOVERY SPECIALIST
AND
PARARESCUE/RECOVERY TECHNICIAN**

1. Purpose of this Specialty Training Standard (STS). As prescribed in AFR 8-13, this STS:

a. States in column 1 of attachment 1 the tasks, knowledges and study references (SR) necessary for airmen to perform duties in the Pararescue/Recovery ladder of the Airman Aircrew Operations Career Field. These are based on the Specialty Descriptions effective 31 May 1975 in Change 21, AFM 39-1.

b. Indicates in columns 2A, 3A, and 4A of attachment 1 the minimum proficiency recommended for each task or knowledge for qualification at the 3, 5, and 7 skill level AFSCs. AFM 50-23 is the authority to change the proficiency level during JPC development when the local requirement is different from the level shown in this STS.

c. Shows in column 2A of attachment 1 the proficiency attained in mandatory courses: 115X0 (PDS Code XBC), 3AZR11530 (PDS Code EN9), 5AZA60000 (PDS Code A9M), 5AZN11530 (PDS Code CW4), S-V80-A (PDS Code ERR), and 11530 (PDS Code QQZ) described in AFM 50-5. Proficiency code for the minimum proficiency recommended for the 3 skill level AFSC and the proficiency attained in the courses is the same except when dual codes are entered. When dual codes are entered the second code shows the proficiency attained in the course.

d. Provides basis for supervisors to plan and conduct individual OJT programs.

e. Provides a convenient record of on-the-job training completed when inserted in AF Form 623, "ON-THE-JOB Training Record," and maintained in accordance with AFM 50-23.

f. Defines the knowledge requirements covered by Specialty Knowledge Tests in the Weighted Airman Promotion System.

2. Proficiency Code Key. Attachment 1 contains the Proficiency Code Key used to show proficiency level.

3. Career Development Channel of OJT. Personnel training to AFSCs 11550 and 11570 will obtain knowledge training by using applicable study references listed in this STS, and personnel training to AFSC 11570 must fulfill management training requirements specified in AFM 50-23.

4. Study Guidance for Weighted Airman Promotion System (WAPS). Specialty Knowledge Tests (SKTs) for promotion to E-5 are based on 5 skill level knowledge requirements. SKTs for promotion to E-6 and E-7 are based on 7 skill level knowledge requirements. SKT questions are based primarily on Career Development Courses (CDCs). However, some questions may be drawn from other references listed in this Specialty Training Standard. The CDCs for SKT study are maintained in the WAPS Study Reference Library. Other references listed should be available in the work area. Individual responsibilities are outlined in AFM 35-8, Chapter 19, Paragraph 19-3g.

5. Recommendations. Report to ATC/TT unsatisfactory performance of individual graduates or inadequacies of this STS. Refer to specific paragraphs of this STS. See AFR 50-38.

BY ORDER OF THE SECRETARY OF THE AIR FORCE

OFFICIAL

DAVID C. JONES, General, USAF
Chief of Staff

JACK R. BENSON, Colonel, USAF
Director of Administration

2 Attachments
1. Qualitative Requirements
2. SKT Review References

Supersedes STS 923X0, 28 March 1969; Chg 1, 17 Jul 73; and Chg 2, 18 Nov 74

I certify that this is an original transcription of STS 923XO-28 March 69.

Signed Ernest D. Casbeer Title NOmi Parame Date 27 Nov 75

STS 115XO

THIS BLOCK IS FOR IDENTIFICATION PURPOSES ONLY		
TRAINEE		
NAME CASSIDY, JOHN F.	INITIALS (In Writing) [Signature]	GRADE SSGT
ORGANIZATION 41st ARRS (MAC) McLELLAN AFB, CA 95652		
IMMEDIATE SUPERVISOR'S NAME AND INITIALS (In Writing)		
N/I CURTIS, MICHAEL A. [Signature]	N/I RONALD T. PASS [Signature]	
N/I CASBEER, ERNEST D. [Signature]	N/I HOWARD, MICHAEL J. [Signature]	

QUALITATIVE REQUIREMENTS

PROFICIENCY CODE KEY		
	SCALE VALUE	DEFINITION: The Individual
* TASK PERFORMANCE LEVELS	1	Can do simple parts of the task. Needs to be told or shown how to do most of the task. (EXTREMELY LIMITED)
	2	Can do most parts of the task. Needs help only on hardest parts. May not meet local demands for speed or accuracy. (PARTIALLY PROFICIENT)
	3	Can do all parts of the task. Needs only a spot check of completed work. Meets minimum local demands for speed and accuracy. (COMPETENT)
	4	Can do the complete task quickly and accurately. Can tell or show others how to do the task. (HIGHLY PROFICIENT)
* TASK KNOWLEDGE LEVELS	a	Can name parts, tools, and simple facts about the task. (NOMENCLATURE)
	b	Can determine step by step procedures for doing the task. (PROCEDURES)
	c	Can explain why and when the task must be done and why each step is needed. (OPERATING PRINCIPLES)
	d	Can predict, identify, and resolve problems about the task. (COMPLETE THEORY)
** SUBJECT KNOWLEDGE LEVELS	A	Can identify basic facts and terms about the subject. (FACTS)
	B	Can explain relationship of basic facts and state general principles about the subject. (PRINCIPLES)
	C	Can analyze facts and principles and draw conclusions about the subject. (ANALYSIS)
	D	Can evaluate conditions and make proper decisions about the subject. (EVALUATION)
- EXPLANATIONS - * A task knowledge scale value may be used alone or with a task performance scale value to define a level of knowledge for a specific task. (Examples: b and 1b) ** A subject knowledge scale value is used alone to define a level of knowledge for a subject not directly related to any specific task, or for a subject common to several tasks. - This mark is used alone instead of a scale value to show that no proficiency training is provided in the course, or that no proficiency is required at this skill level. X This mark is used alone in course columns to show that training is not given due to limitations in resources.		

I. TASKS, KNOWLEDGES AND STUDY REFERENCES	PROFICIENCY LEVEL, PROGRESS RECORD AND CERTIFICATION								
	2. 3 Skill Level			3. 5 Skill Level			4. 7 Skill Level		
	A AFSC/Crs	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials	A AFSC	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials	A AFSC/Crs	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials
NOTE: 1. Users may annotate lists of SRs to identify current references pending STS revision.									
NOTE: 2. Study references underlined in this STS are command, commercial and other services, publications considered essential to the proper conduct of OJT and mission accomplishment and may be requisitioned in the following manner:									
a. Base CBPO/OJT will consolidate requirements for units they support and requisition the command publications from MAC/DAP, Scott AFB, IL 62225.									
b. Requisition for Army publications will be sent to U.S. Army A G Publications Center, 2800 Eastern Blvd, Baltimore, MD 21220.									
c. Requisition for Navy publications will be sent to Commanding Officer, Naval Publications and Forms Center, 5801 Tabor Ave, Philadelphia, PA 19120.									
d. Requisition of commercial publications will require the establishment of an account with the base library and the ordering of the publications through the library.									
1. PARARESCUE/RECOVERY SPECIALIST AND TECHNICIAN CAREER SPECIALTY									
SR: AFM 39-1; AFR 35-1 (Chap 1 thru 3); AFVA 39-1									
a. Airman classification system	A			B	26 NOV 78	28 NOV 78 MAC JSC	C	30 NOV 79	9AT 279 30 NOV 79
b. Airman aircrew operations Career field (AFSC 11XXX)	A			B	26 NOV 78	28 NOV 78 MAC JSC	C	30 NOV 79	9AT 279 30 NOV 79
c. Progression in career ladder 115X0	A			B	26 NOV 78	28 NOV 78 MAC JSC	C	30 NOV 79	9AT 279 30 NOV 79
d. Duties of AFSS 11530/50/70	A			B	26 NOV 78	28 NOV 78 MAC JSC	C	30 NOV 79	9AT 279 30 NOV 79
2. COMMUNICATIONS SECURITY (TRANSEC)									
NOTE: Specific security items are addressed in the tasks of land search and emergency medical technology.									
SR: AFRs 205-1, 205-7									
a. Identify information as classified, unclassified, or of possible intelligence value	B			C	26 NOV 78	28 NOV 78 MAC JSC	D	30 NOV 79	9AT 279 30 NOV 79
b. Recognize proper classification of official information as Top Secret, Secret, Confidential or For Official Use Only	B			C	26 NOV 78	1 DEC 78 MAC JSC	D	30 NOV 79	9AT 279 30 NOV 79
c. Select and recommend mode of transmission dictated by security and expediency required	B			C	26 NOV 78	1 DEC 78 MAC JSC	D	30 NOV 79	9AT 279 30 NOV 79
d. Observe security precautions involved in communications	B			C	26 NOV 78	1 DEC 78 MAC JSC	D	30 NOV 79	9AT 279 30 NOV 79
e. Safeguard classified/sensitive information	B			C	26 NOV 78	1 DEC 78 MAC JSC	D	30 NOV 79	9AT 279 30 NOV 79
3. ENVIRONMENTAL SAFETY									
NOTE: Specific safety items are addressed in the tasks of parachuting, mountain rescue, and scuba diving.									
SR: AFMs 77-2, 127-1, 127-2; AFR 127-101									

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3a. Apply principles and objectives of air/ground/water safety SR: AFR 127-101 (Chap 2)	2b			3c	26 NOV 79	1 DEC 75 - HNC JZC	(4d)	30 NOV 79	SAT JZC 30 NOV 79
b. Practice proper care/operation of government vehicles SR: AFM 77-2	2b			3c	26 NOV 79	1 DEC 75 - HNC JZC	(4c)	30 NOV 79	SAT JZC 30 NOV 79
c. Apply precautions pertaining to (1) Ammunition/pyrotechnics/explosives SR: AFM 127-100	2b			3c	26 NOV 79	1 DEC 75 - HNC JZC	(4c)	30 NOV 79	SAT JZC 30 NOV 79
(2) Fuels	2b			3c	26 NOV 79	1 DEC 75 - HNC JZC	(3c)	30 NOV 79	SAT JZC 30 NOV 79
(3) Rotating propellers/rotors, and jet intakes/exhausts SR: AFR 127-101; T.O. 00-105B-9	2b			3c	26 NOV 79	1 DEC 75 - HNC JZC	(4c)	30 NOV 79	SAT JZC 30 NOV 79
(4) High intensity sound SR: AFR 127-101 (Chap 8)	2b			3c	26 NOV 79	1 DEC 75 - HNC JZC	(3c)	30 NOV 79	SAT JZC 30 NOV 79
(5) Handling/use of tools/weapons	2b			3c	26 NOV 79	1 DEC 75 - HNC JZC	(4c)	30 NOV 79	SAT JZC 30 NOV 79
(6) Housekeeping duties/fire prevention SR: AFR 92-1	B			C	26 NOV 79	1 DEC 75 - HNC JZC	(D)	30 NOV 79	SAT JZC 30 NOV 79
d. Accomplish procedures for accident/incident reporting SR: AFM 127-2	B			C	26 NOV 79	1 DEC 75 - HNC JZC	(D)	30 NOV 79	SAT JZC 30 NOV 79
4. ADMINISTRATION AND PUBLICATIONS									
a. Administration SR: AFM 10-1, 50-23; AFP 13-2; ARRSR 55-11									
(1) Apply principles of administration				3c	26 NOV 79	1 DEC 75 - HNC JZC	(3c)	7 SEPT 79	SAT JZC 30 NOV 79
(2) Accomplish flight/ground training records				3c	26 NOV 79	1 DEC 75 - HNC JZC	(4c)	30 NOV 79	SAT JZC 14 APR 80

7. TASKS, KNOWLEDGES AND STUDY REFERENCES	PROFICIENCY LEVEL, PROGRESS RECORD AND CERTIFICATION								
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4a(3) Prepare reports/correspondence	-			3c	26 NOV	1 DEC 75 MAC JZL	4c	7 SEP 79	SAT JZL 30 NOV 79
(4) Maintain forms, files and records	-			3c	26 NOV	1 DEC 75 MAC JZL	4c	7 SEP 79	SAT JZL 30 NOV 79
SR: AFM 7-1, 12-20, 12-50; AFR 12-1									
b. Publications									
SR: AFM 5-1; AFRs 0-2, 5-31, 8-2; T.O. 00-5-1									
(1) Understanding the scope and application of									
(a) Air Force regulations and manuals	B			C	26 NOV	1 DEC 75 MAC JZL	C	7 SEP 79	SAT JZL 30 NOV 79
(b) Air Force Technical Order System	B			C	26 NOV	1 DEC 75 MAC JZL	C	7 SEP 79	SAT JZL 30 NOV 79
SR: AFR 8-2; T.O. 00-5-1									
(2) Use of indexes to locate Air Force publications	-			3c	26 NOV	1 DEC 75 MAC JZL	4c	7 SEP 79	SAT JZL 30 NOV 79
(3) Locate desired information in Air Force/Army/Navy and commercial publications	-			3c	26 NOV	1 DEC 75 MAC JZL	4c	7 SEP 79	SAT JZL 30 NOV 79
(4) Apply correct procedures for requisitioning DOD/commercial publications	-			C	26 NOV	1 DEC 75 MAC JZL	C	7 SEP 79	SAT JZL 30 NOV 79
SR: AFM 7-1 (Chaps 3, 5 and 6); T.O. 00-5-2									
(5) Maintain publications files	-			3c	26 NOV	1 DEC 75 MAC JZL	4c	7 SEP 79	SAT JZL 30 NOV 79
SR: AFM 5-1, 7-2; AFR 5-31									
(6) Recommend changes to publications	-			C	26 NOV	1 DEC 75 MAC JZL	C	7 SEP 79	SAT JZL 30 NOV 79
5. AIR FORCE SUPPLY DISCIPLINE									
SR: AFM 67-1 (Part II Vol I); ARRSR 55-3									
a. Use supply catalogs	-			C	26 NOV	1 DEC 75 MAC JZL	C	7 SEP 79	SAT JZL 30 NOV 79
b. Prepare and submit requests for issue and turn-in	-			3c	26 NOV	1 DEC 75 MAC JZL	4c	7 SEP 79	SAT JZL 30 NOV 79
c. Practice property accountability and responsibility	3c			4c	26 NOV	1 DEC 75 MAC JZL	4c	7 SEP 79	SAT JZL 30 NOV 79

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5d. Clean and maintain issued equipment and supplies	3c			4c	16 NOV	1 DEC 75 MAC JFC	(4c)	7 SEP 79	SAT JFC 30 NOV 79
e. Establish and maintain procedures for storage, inventorying and inspection of personal equipment	3c			4c	24 NOV	1 DEC 75 MAC JFC	(4c)	7 SEP 79	SAT JFC 30 NOV 79
f. Prepare, justify and submit requests for non-stock listed items	-			B	20 NOV	1 DEC 75 MAC JFC	(C)	7 SEP 79	SAT JFC 30 NOV 79
g. Prepare, justify and submit recommendations for stock listing action	-			B	26 NOV	1 DEC 75 MAC JFC	(C)	7 SEP 79	SAT JFC 30 NOV 79
6. SUPERVISION AND TRAINING									
a. Supervision									
SR: AFMs 35-8, 39-1, 39-62, 50-20, 66-1; AFRs 30-1, 35-1, 39-6									
(1) Evaluate performance of subordinates and complete appropriate rating forms	-			2b	16 NOV	1 DEC 75 MAC JFC	(4c)	30 NOV 79	SAT JFC 14 APR 80
SR: AFM 39-62									
(2) Participate in USAF graduate evaluation program	-			2b	26 NOV	1 DEC 75 MAC JFC	(2b)	30 NOV 79	SAT JFC 14 APR 80
SR: AFR 50-38									
(3) Orient newly assigned personnel and scheduled work assignments	-			2b	16 NOV	1 DEC 75 MAC JFC	(4c)	30 NOV 79	SAT JFC 14 APR 80
SR: AFM 50-20									
(4) Establish priorities and initiate correspondence	-			3c	26 NOV	1 DEC 75 MAC JFC	(4c)	30 NOV 79	SAT JFC 14 APR 80
SR: AFM 10-1; AFP 13-2									
(5) Inspect work assignments	-			3c	26 NOV	1 DEC 75 MAC JFC	(4c)	30 NOV 79	SAT JFC 14 APR 80
(6) Establish requirements for equipment	-			3c	26 NOV	1 DEC 75 MAC JFC	(4c)	30 NOV 79	SAT JFC 14 APR 80
(7) Assure availability of personnel and equipment	-			3c	26 NOV	1 DEC 75 MAC JFC	(4c)	30 NOV 79	SAT JFC 14 APR 80
(8) Counsel subordinates	-			3c	26 NOV	1 DEC 75 MAC JFC	(4d)	30 NOV 79	SAT JFC 14 APR 80
(9) Comply with Air Force Standards	B			C	26 NOV	1 DEC 75 MAC JFC	(D)	30 NOV 79	SAT JFC 14 APR 80
SR: AFM 35-10; AFR 30-1									

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6a(10) Perform duties and responsibilities of an NCO SR: AFR 39-6	-			C	26 NOV	1 DEC 75 - MAC JLC	(D)	30 NOV 79	847 JLC 14 APR 80
b. Training									
SR: AFMs 50-5, 50-23, 50-34, 50-62; AFRs 39-4, 50-9, 50-12, 50-39, 50-54; ARRSR 55-11									
(1) Apply Air Force training resources, programs and training assignment procedures SR: AFR 39-4	-			C	26 NOV	1 DEC 75 - MAC JLC	(D)	26 DEC 79	847 JLC 14 APR 80
(2) Recommend personnel for training SR: AFM 50-5; AFRs 39-4, 50-9; ARRSR 55-11	-			3c	26 NOV	1 DEC 75 - MAC JLC	(4c)	26 DEC 79	847 JLC 14 APR 80
(3) Apply instructional factors/techniques SR: AFMs 50-2, 50-23, 50-34	-			B	26 NOV	1 DEC 75 - MAC JLC	(C)	26 DEC 79	847 JLC 14 APR 80
(a) Employ research in lesson development	-			3c	26 NOV	1 DEC 75 - MAC JLC	(4c)	26 DEC 79	847 JLC 14 APR 80
(b) Plan presentations	-			3c	26 NOV	1 DEC 75 - MAC JLC	(4c)	26 DEC 79	847 JLC 14 APR 80
(c) Use communicative skills	-			3c	26 NOV	1 DEC 75 - MAC JLC	(4c)	26 DEC 79	847 JLC 14 APR 80
(d) Adapt instruction to factors which produce and influence learning	-			3c	26 NOV	1 DEC 75 - MAC JLC	(4c)	26 DEC 79	847 JLC 14 APR 80
(e) Apply evaluation process	-			C	26 NOV	1 DEC 75 - MAC JLC	(D)	26 DEC 79	847 JLC 14 APR 80
(f) Utilize evaluation results	-			3c	26 NOV	1 DEC 75 - MAC JLC	(4c)	26 DEC 79	847 JLC 14 APR 80
(4) Perform Qualification/currency training SR: ARRSRs 55-11, 160-34	-			4c	26 NOV	1 DEC 75 - MAC JLC	(4d)	26 DEC 79	847 JLC 14 APR 80

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7. EMERGENCY MEDICAL TECHNOLOGY									
SR: AFM 160-34; ARRSR 160-34; <u>Emergency Care and Transportation of the Sick and Injured</u> (ECT), George Banta Co., Inc., 1971; <u>Merck Manual</u> (Latest Edition), Merck & Co., Inc.									
a. Apply medical fundamentals to include									
(1) Moral, ethical and legal aspects of emergency medicine; communicative process; medical aspects of disaster medicine; personal protection from nuclear, chemical, and biological warfare	A			-			-		
(2) Selected medical terminology; anatomy and physiology; emergency medical treatment for shock, hemorrhage, wounds, thermal injuries, airway obstruction, fractures and dislocations, head and back injuries, chest and abdominal injuries and toxic agents	B			-			-		
(3) Field casualty care: participate in bivouac activities; initial evaluation and treatment of trauma; take vital signs; apply bandages, field dressings and splints; perform resuscitative procedures; transport patients; participate in field casualty care problems practice field sanitation	2b			-			-		
b. Use/inspect/control medical material	2b			3c	26 NOV 79	1 DEC 79 - MAC JZ	(4c)	1 NOV 79	SAT 26 DEC 79
SR: ARRSRs 167-1, 167-2									
c. Perform parenteral therapy to include									
SR: AFM 160-34 (Chap 4); ARRSR 160-34 (Chap 2)									
(1) Subcutaneous injection	3b			3c	26 NOV 79	1 DEC 79 - MAC JZ	(4c)	1 NOV 79	SAT 26 DEC 79
(2) Intramuscular injection	3b			3c	26 NOV 79	1 DEC 79 - MAC JZ	(4c)	1 NOV 79	SAT 26 DEC 79
(3) Intravenous infusion	3b			3c	26 NOV 79	1 DEC 79 - MAC JZ	(4c)	1 NOV 79	SAT 26 DEC 79

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7d. Administer medications and determine									
SR: ARRSR 160-34 (Chap 2)									
(1) Types	B			C	26 NOV	1 DEC 75 MAC JTC	(D)	26 DEC	26 DEC 80
(2) Indications for administration	B			C	26 NOV	1 DEC 75 MAC JTC	(D)	26 DEC	26 DEC 80
(3) Dosages	B			C	26 NOV	1 DEC 75 MAC JTC	(D)	26 DEC	26 DEC 80
(4) Route/rate of administration	2b			3c	26 NOV	1 DEC 75 MAC JTC	(D)	26 DEC	26 DEC 80
(5) Contraindications	B			C	26 NOV	1 DEC 75 MAC JTC	(D)	26 DEC	26 DEC 80
e. Perform emergency medical care									
(1) Obtain medical history/ conduct physical examination	2b			3c	26 NOV	1 DEC 75 MAC JTC	(D)	26 DEC	26 DEC 80
SR: AFM 160-34 (Chap 5); ARRSR 160-34 (Chap 1)									
(a) Obtain complete medical history from patient	3b			3c	26 NOV	1 DEC 75 MAC JTC	(4c)	18 MAY	18 MAY 80
(b) Record historical data	3b			3c	26 NOV	1 DEC 75 MAC JTC	(4c)	18 MAY	18 MAY 80
(c) Perform physical examination in all body systems using									
1. Inspection	3b			3c	26 NOV	1 DEC 75 MAC JTC	(4c)	18 MAY	18 MAY 80
2. Palpation	3b			3c	26 NOV	1 DEC 75 MAC JTC	(4c)	18 MAY	18 MAY 80
3. Auscultation	3b			3c	26 NOV	1 DEC 75 MAC JTC	(4c)	18 MAY	18 MAY 80
4. Percussions	3b			3c	26 NOV	1 DEC 75 MAC JTC	(4c)	18 MAY	18 MAY 80
(d) Record results of physical examinations	3b			3c	26 NOV	1 DEC 75 MAC JTC	(4c)	18 MAY	18 MAY 80
(e) Present findings to physician in a clear concise manner	3b			3c	26 NOV	1 DEC 75 MAC JTC	(4c)	18 MAY	18 MAY 80
(2) Manage respiratory system injury/complications									
SR: AFM 160-34 (Chap 3); ARRSR 160-34 (Chaps 4, 5, 23, 24); ECT (Chaps 15, 28)									
(a) Identify types, causes, signs and symptoms	B			C	26 NOV	1 DEC 75 MAC JTC	(C)	18 MAY	18 MAY 80
(b) Apply management procedures to									
1. Smoke inhalation	3b			3c	26 NOV	1 DEC 75 MAC JTC	(4c)	18 MAY	18 MAY 80
2. Toxic fume and gas inhalation	3b			3c	26 NOV	1 DEC 75 MAC JTC	(4c)	18 MAY	18 MAY 80

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7e(2)(b)3. Open chest wound	3b			3c	26 NOV	1 DEC 75 MAC JZC	(4c)	18 MAY	11 JUN 80
4. Flail chest	3b			3c	26 NOV	1 DEC 75 MAC JZC	(4c)	18 MAY	11 JUN 80
5. Pneumothorax	3b			3c	26 NOV	1 DEC 75 MAC JZC	(4c)	18 MAY	11 JUN 80
6. Hemothorax	3b			3c	26 NOV	1 DEC 75 MAC JZC	(4c)	18 MAY	11 JUN 80
7. Pulmonary edema	3b			3c	26 NOV	1 DEC 75 MAC JZC	(4c)	18 MAY	11 JUN 80
8. Pulmonary embolism	3b			3c	26 NOV	1 DEC 75 MAC JZC	(4c)	18 MAY	11 JUN 80
(c) Apply management procedures for airway obstructions									
SR: ARRSR 160-34 (Chap 6)									
1. Insert oral airway	3b			3c	26 NOV	1 DEC 75 MAC JZC	(4c)	18 MAY	11 JUN 80
2. Perform crico-thyroidotomy	3c			-			-		
(d) Perform resuscitation techniques to include									
SR: ARRSR 160-34 (Chaps 5, 6); ECT (Chaps 14, 15)									
1. Mouth-to-mouth	3b			3c	26 NOV	1 DEC 75 MAC JZC	(4c)	18 MAY	11 JUN 80
2. Mouth-to-nose	3b			3c	26 NOV	1 DEC 75 MAC JZC	(4c)	18 MAY	11 JUN 80
3. Operation of mechanical resuscitators	3b			3c	26 NOV	1 DEC 75 MAC JZC	(4c)	18 MAY	11 JUN 80
(3) Control hemorrhage									
SR: AFM 160-34 (Chap 3); ECT (Chap 18)									
(a) Identify types, causes, signs, symptoms	B			C	26 NOV	1 DEC 75 MAC JZC	(D)	18 MAY	11 JUN 80
(b) Apply management procedures to include the use of									
1. Digital pressure	3b			3c	26 NOV	1 DEC 75 MAC JZC	(4c)	18 MAY	11 JUN 80
2. Pressure dressing	3b			3c	26 NOV	1 DEC 75 MAC JZC	(4c)	18 MAY	11 JUN 80
3. Tourniquet	3b			3c	26 NOV	1 DEC 75 MAC JZC	(4c)	18 MAY	11 JUN 80
4. Hemostat	3b			3c	26 NOV	1 DEC 75 MAC JZC	(4c)	18 MAY	11 JUN 80
(4) Treat shock									
SR: AFM 160-34 (Chap 3); ARRSR 160-34 (Chap 7, 16); ECT (Chap 17)									

1. TASKS, KNOWLEDGES AND STUDY REFERENCES	PROFICIENCY LEVEL, PROGRESS RECORD AND CERTIFICATION								
	3 Skill Level			5 Skill Level			7 Skill Level		
	A AFSC/Crs	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials	A AFSC	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials	A AFSC/Crs	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials
7e(4)(a) Identify types, causes, signs, symptoms	B			C	26 NOV	1 DEC 75 MAC JZL	(D)	11 Jan	25 Jun 80
(b) Apply management procedures for types of shock to include									
1. Cardiogenic	2b			3c	26 NOV	1 DEC 75 MAC JZL	(4c)	11 Jan	25 Jun 80
2. Hemorrhagic	2b			3c	26 NOV	1 DEC 75 MAC JZL	(4c)	11 Jan	25 Jun 80
3. Neurogenic	2b			3c	26 NOV	1 DEC 75 MAC JZL	(4c)	11 Jan	25 Jun 80
4. Septic	2b			3c	26 NOV	1 DEC 75 MAC JZL	(4c)	11 Jan	25 Jun 80
(5) Treat wounds									
SR: AFM 160-34 (Chap 3); ARRSR 160-34 (Chap 11); ECT (Chap 19)									
(a) Identify types, causes, signs, symptoms	B			C	26 NOV	1 DEC 75 MAC JZL	(D)	11 Jan	25 Jun 80
(b) Perform management techniques to include									
1. Asepsis	C			D	26 NOV	1 DEC 75 MAC JZL	(D)	11 Jan	25 Jun 80
2. Application of antibiotic ointment solution	2b			3c	26 NOV	1 DEC 75 MAC JZL	(4c)	11 Jan	25 Jun 80
3. Application of sterile dressing	3b			3c	26 NOV	1 DEC 75 MAC JZL	(4c)	11 Jan	25 Jun 80
4. Packing	3b			3c	26 NOV	1 DEC 75 MAC JZL	4c	11 Jan	25 Jun 80
5. Suturing	3b			3c	26 NOV	1 DEC 75 MAC JZL	(4c)	11 Jan	25 Jun 80
(6) Treat infection									
SR: ARRSR 160-34 (Chap 22)									
(a) Identify types, causes, signs, symptoms	B			C	26 NOV	1 DEC 75 MAC JZL	(D)	11 Jan	25 Jun 80
(b) Perform management techniques for infections to include									
1. Intrathoracic	B			C	26 NOV	1 DEC 75 MAC JZL	(D)	11 Jan	25 Jun 80
2. Abdominal	B			C	26 NOV	1 DEC 75 MAC JZL	(D)	11 Jan	25 Jun 80
3. Central nervous system	B			C	26 NOV	1 DEC 75 MAC JZL	(D)	11 Jan	25 Jun 80
4. Open wounds	2b			3c	26 NOV	1 DEC 75 MAC JZL	(4c)	11 Jan	25 Jun 80
(7) Treat head injuries									
SR: AFM 160-34 (Chap 3); ARRSR 160-34 (Chaps 12, 28)									
(a) Identify types, causes, signs, symptoms	B			C	26 NOV	1 DEC 75 MAC JZL	(D)	11 Jan	25 Jun 80

PROFICIENCY LEVEL, PROGRESS RECORD AND CERTIFICATION

1. TASKS, KNOWLEDGES AND STUDY REFERENCES	PROFICIENCY LEVEL, PROGRESS RECORD AND CERTIFICATION								
	2. 3 Skill Level			3. 5 Skill Level			4. 7 Skill Level		
	A AFSC/Cra	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials	A AFSC	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials	A AFSC/Cra	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials
7e(7)(b) Manage an unconscious patient	2b			3c	26 NOV	1 DEC 75 MAC JZC	(C)	25 JUN	3 JUL 80
(c) Determine in-flight considerations	B			C	26 NOV	1 DEC 75 MAC JZC	(D)	25 JUN	3 JUL 80
SR: ARRSR 160-34 (Chap 28)	28)								
(8) Treat ocular injuries									
SR: ARRSR 160-34 (Chap 13);	ECT (Chap 27)								
(a) Identify types, causes, signs, symptoms	B			C	26 NOV	1 DEC 75 MAC JZC	(D)	25 JUN	3 JUL 80
(b) Determine in-flight considerations	B			C	26 NOV	1 DEC 75 MAC JZC	(D)	25 JUN	3 JUL 80
SR: ARRSR 160-34 (Chap 28)	28)								
(9) Treat spinal injuries									
SR: ARRSR 160-34 (Chap 10);	ECT (Chap 24)								
(a) Identify types, causes, signs, symptoms	B			C	26 NOV	1 DEC 75 MAC JZC	(D)	25 JUN	3 JUL 80
(b) Perform moving/lifting/positioning techniques	2b			3c	26 NOV	1 DEC 75 MAC JZC	(4c)	25 JUN	3 JUL 80
(10) Manage cardiac disorders									
SR: ARRSR 160-34 (Chap 5)									
(a) Identify types, causes, signs, symptoms	B			C	26 NOV	1 DEC 75 MAC JZC	(D)	25 JUN	3 JUL 80
(b) Perform treatment techniques to include									
1. External cardiac compression	2b			3c	26 NOV	1 DEC 75 MAC JZC	(4c)	25 JUN	3 JUL 80
2. Resuscitation	2b			3c	26 NOV	1 DEC 75 MAC JZC	(4c)	25 JUN	3 JUL 80
(11) Treat abdominal injury/acute abdomen									
SR: AFM 160-34 (Chap 4); ARRSR 160-34 (Chaps 8, 29);	ECT (Chap 29)								
(a) Identify types, causes, signs, symptoms	A			B	26 NOV	1 DEC 75 MAC JZC	(C)	25 JUN	3 JUL 80
(b) Perform management techniques to include									
1. Levine tube insertion	2b			3c	26 NOV	1 DEC 75 MAC JZC	(4c)	25 JUN	3 JUL 80

1. TASKS, KNOWLEDGES AND STUDY REFERENCES	PROFICIENCY LEVEL, PROGRESS RECORD AND CERTIFICATION								
	2. 3 Skill Level			3. 5 Skill Level			4. 7 Skill Level		
	A AFSC/Cs	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials	A AFSC	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials	A AFSC/Cs	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials
7e(11)(b)2. Gastric lavage	2b			3c	26 NOV	1 DEC 75 MAC JRL	(4c)	3 Jul	18 Jul 80
(12) Treat genitourinary injury/ complications									
SR: AFM 160-34 (Chap 4); ARRSR 160-34 (Chap 30); ECT (Chap 30)									
(a) Identify types, causes, signs, symptoms	B			C	26 NOV	1 DEC 75 MAC JRL	(D)	3 Jul	18 Jul 80
(b) Perform management techniques to include catheterization	2b			3c	26 NOV	1 DEC 75 MAC JRL	(4c)	3 Jul	18 Jul 80
(13) Treat musculo-skeletal injury									
SR: ARRSR 160-34 (Chap 9); ECT (Chap 20)									
(a) Identify types, causes, signs, symptoms	B			C	26 NOV	1 DEC 75 MAC JRL	(D)	3 Jul	18 Jul 80
(b) Apply management techniques to									
1. Fractures	2b			3c	26 NOV	1 DEC 75 MAC JRL	(4c)	3 Jul	18 Jul 80
2. Dislocations	2b			3c	26 NOV	1 DEC 75 MAC JRL	(4c)	3 Jul	18 Jul 80
3. Sprains	2b			3c	26 NOV	1 DEC 75 MAC JRL	(4c)	3 Jul	18 Jul 80
4. Strains	2b			3c	26 NOV	1 DEC 75 MAC JRL	(4c)	3 Jul	18 Jul 80
(14) Treat thermal injury									
SR: AFM 160-34 (Chap 3); ARRSR 160-34 (Chaps 14, 15); ECT (Chaps 31, 32)									
(a) Identify types, causes, signs, symptoms	B			C	26 NOV	1 DEC 75 MAC JRL	(D)	3 Jul	18 Jul 80
(b) Apply management techniques to									
1. Burns	2b			3c	26 NOV	1 DEC 75 MAC JRL	(4c)	3 Jul	18 Jul 80
2. Cold injuries	2b			3c	26 NOV	1 DEC 75 MAC JRL	(4c)	3 Jul	18 Jul 80
3. Heat related illness	2b			3c	26 NOV	1 DEC 75 MAC JRL	(4c)	3 Jul	18 Jul 80
(15) Treat poisoning									
SR: ARRSR 160-34 (Chap 25); ECT (Chap 38)									
(a) Identify types, causes, signs, symptoms	B			C	26 NOV	1 DEC 75 MAC JRL	(D)	3 Jul	18 Jul 80
(b) Apply management techniques to									
1. Venomous snake/ insect bites	2b			3c	26 NOV	1 DEC 75 MAC JRL	(4c)	3 Jul	18 Jul 80

I. TASKS, KNOWLEDGES AND STUDY REFERENCES	PROFICIENCY LEVEL, PROGRESS RECORD AND CERTIFICATION								
	2. 3 Skill Level			3. 5 Skill Level			4. 7 Skill Level		
	A AFSC/Crs	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials	A AFSC	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials	A AFSC/Crs	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials
7e(15)(b)2. Ingested/injected/contact poisons (16) Manage obstetrical delivery SR: ARRSR 160-34 (Chap 27); ECT (Chap 46)	2b			3c	26 NOV	1 DEC 75 mac JZ	(4c)	3 Jul	18 Jul 80 GTC/JZ
f. Triage/manage mass casualties SR: AFM 160-34 (Chap 9); ARRSR 160-34 (Chap 3)	2b			3c	26 NOV	1 DEC 75 mac JZ	(4c)	3 Jul	18 Jul 80
8. ENVIRONMENTAL LIVING AND SANITATION SR: AFMs 64-3, 126-1, 161-10									
a. Practice personal hygiene	B			C	26 NOV	1 DEC 75 mac JZ	(D)	14 APR 80	14 APR 80
b. Maintain and purify water supply	3c			4c	26 NOV	1 DEC 75 mac JZ	(4d)	14 APR 80	14 APR 80
c. Procure, store, handle and prepare food	2b			3c	26 NOV	1 DEC 75 mac JZ	(4c)	14 APR 80	14 APR 80
d. Correctly dispose of waste	3c			4c	26 NOV	1 DEC 75 mac JZ	(4d)	14 APR 80	14 APR 80
e. Protect against insects	2b			3c	26 NOV	1 DEC 75 mac JZ	(4c)	14 APR 80	14 APR 80
f. Construct suitable shelters	3c			4c	26 NOV	1 DEC 75 mac JZ	(4d)	14 APR 80	14 APR 80
g. Improvise necessary clothing/equipment	B			C	26 NOV	1 DEC 75 mac JZ	(D)	14 APR 80	14 APR 80
h. Perform proper fire making techniques	3c			4c	26 NOV	1 DEC 75 mac JZ	(4d)	14 APR 80	14 APR 80
i. Protect natural resources	B			C	26 NOV	1 DEC 75 mac JZ	(D)	14 APR 80	14 APR 80
j. Control panic/psychological stress in survival situations	B			C	26 NOV	1 DEC 75 mac JZ	(D)	14 APR 80	14 APR 80
k. Use surface-to-air signals	2b			3c	26 NOV	1 DEC 75 mac JZ	(4c)	14 APR 80	14 APR 80
l. Understand air-to-ground signals	2b			3c	26 NOV	1 DEC 75 mac JZ	(4c)	14 APR 80	14 APR 80
9. GROUND OPERATIONS SR: AFMs 64-2, 64-3; AFR 127-101; ARRSRs 55-1, 55-11, 160-34; Army FM 21-26									
a. Wheeled vehicle operation SR: AFM 77-2; AFR 127-7; T.O. 00-20 series									
(1) Operate motor vehicles safely	2b			3c	26 NOV	1 DEC 75 mac JZ	(4c)	14 APR 80	14 APR 80
(2) Perform operator inspections/maintenance/repair of vehicles	2b			3c	26 NOV	1 DEC 75 mac JZ	(4c)	14 APR 80	14 APR 80

1. TASKS, KNOWLEDGES AND STUDY REFERENCES	PROFICIENCY LEVEL, PROGRESS RECORD AND CERTIFICATION								
	2. 3 Skill Level			3. 5 Skill Level			4. 7 Skill Level		
	A AFSC/Crs	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials	A AFSC	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials	A AFSC/Crs	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials
9a(3) Complete forms/reports	2b			3c	26 NOV	1 DEC 75 <i>mac jrl</i>	(4c)	1 JAN 80	22 APR 80
b. Legal/moral/ethical/responsibilities									
SR: AFMs 64-2, 143-3; AFRs 127-4, 143-4, 143-6, 190-8, 190-10, 190-12						ARRSRs 55-1, 55-11			
(1) Apply knowledge of local trespassing laws	A			B	26 NOV	1 DEC 75 <i>mac jrl</i>	(C)	1 JAN 80	22 APR 80
(2) Obtain written permission to enter private property	A			B	26 NOV	1 DEC 75 <i>mac jrl</i>	(C)	1 JAN 80	22 APR 80
(3) Initiate proper security/recording of aircraft wreckage	A			B	26 NOV	1 DEC 75 <i>mac jrl</i>	(C)	1 JAN 80	22 APR 80
(4) Refrain from making statements concerning the question of liability	B			C	26 NOV	1 DEC 75 <i>mac jrl</i>	(D)	1 JAN 80	22 APR 80
SR: AFM 64-2 (Chap 11)									
(5) Obtain appropriate authorization prior to disturbing or removing human remains	B			C	26 NOV	1 DEC 75 <i>mac jrl</i>	(D)	1 JAN 80	22 APR 80
SR: AFM 64-2 (Chap 11)									
(6) Maintain professional standards of conduct	B			C	26 NOV	1 DEC 75 <i>mac jrl</i>	(D)	1 JAN 80	22 APR 80
(7) Promote professional relations with recovery forces	A			B	26 NOV	1 DEC 75 <i>mac jrl</i>	(C)	1 JAN 80	22 APR 80
(8) Observe high standards of ethics in performance of duties	C			C	26 NOV	1 DEC 75 <i>mac jrl</i>	(D)	1 JAN 80	22 APR 80
(9) Properly safeguard/release information (patient names, cause of accident, rescue activities)	B			C	26 NOV	1 DEC 75 <i>mac jrl</i>	(D)	1 JAN 80	22 APR 80
(10) Perform proper marking of aircraft wreckage	A			B	26 NOV	1 DEC 75 <i>mac jrl</i>	(C)	1 JAN 80	22 APR 80
c. Search procedures									
SR: ARRSRs 55-1, 55-11 (Chap 14)									
(1) Examine mission data	2b			3c	26 NOV	1 DEC 75 <i>mac jrl</i>	(4c)	1 JAN 80	22 APR 80
(2) Organize/equip search party	2b			3c	26 NOV	1 DEC 75 <i>mac jrl</i>	(4c)	1 JAN 80	22 APR 80
(3) Establish search boundaries	2b			3c	26 NOV	1 DEC 75 <i>mac jrl</i>	(4c)	1 JAN 80	22 APR 80
(4) Determine indications of incident location	2b			3c	26 NOV	1 DEC 75 <i>mac jrl</i>	(4c)	1 JAN 80	22 APR 80
(5) Determine survivor's probable egress routes	2b			3c	26 NOV	1 DEC 75 <i>mac jrl</i>	(4c)	1 JAN 80	22 APR 80
(6) Interrogate observers/witnesses	2b			3c	26 NOV	1 DEC 75 <i>mac jrl</i>	(4c)	1 JAN 80	22 APR 80

1. TASKS, KNOWLEDGES AND STUDY REFERENCES	PROFICIENCY LEVEL, PROGRESS RECORD AND CERTIFICATION								
	2. 3 Skill Level			3. 5 Skill Level			4. 7 Skill Level		
	A AFSC/Crs	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials	A AFSC	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials	A AFSC/Crs	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials
9c(7) Perform search patterns	3b			4b	26 NOV	1 DEC 75 mac jlc	4d	10 MAR 80	14 APR 80
(8) Conduct appropriate communication procedures including									
(a) Perform operator inspection/maintenance/repair of equipment	-			3c	26 NOV	1 DEC 75 mac jlc	(4c)	10 MAR 80	14 APR 80
(b) Accomplish forms/reports/logs	-			3c	26 NOV	1 DEC 75 mac jlc	(4c)	10 MAR 80	14 APR 80
(c) Use electronic/visual/audio signalling devices	3c			4c	26 NOV	1 DEC 75 mac jlc	(4d)	10 MAR 80	14 APR 80
(d) Arrange communication schedule	2b			3c	26 NOV	1 DEC 75 mac jlc	(4c)	10 MAR 80	14 APR 80
(e) Perform radio communications	3d			4d	26 NOV	1 DEC 75 mac jlc	(4d)	10 MAR 80	14 APR 80
(f) Use phonetic alphabet	3c			4c	26 NOV	1 DEC 75 mac jlc	(4d)	10 MAR 80	14 APR 80
(g) Use echo code	3c			4c	26 NOV	1 DEC 75 mac jlc	(4d)	10 MAR 80	14 APR 80
(h) Construct, emergency signalling equipment	2b			3c	26 NOV	1 DEC 75 mac jlc	(4c)	10 MAR 80	14 APR 80
d. Crash access									
SR: T.O. 00-105E-9; ARRSR 55-11 (Chap 17)									
(1) Identify aircraft regularly assigned/transiting base of assignment	-			3c	26 NOV	1 DEC 75 mac jlc	(4c)	10 APR 80	14 APR 80
(2) Perform aircraft entry techniques	b			3c	26 NOV	1 DEC 75 mac jlc	4c	10 APR 80	14 APR 80
(3) Deactivate electrical/fuel/armament systems	b			3c	26 NOV	1 DEC 75 mac jlc	4c	10 APR 80	14 APR 80
(4) Secure ejection system	b			3c	26 NOV	1 DEC 75 mac jlc	4c	10 APR 80	14 APR 80
(5) Remove injured personnel	c			4c	26 NOV	1 DEC 75 mac jlc	(4d)	10 APR 80	14 APR 80
e. Personnel/equipment recovery									
SR: ARRSR 55-5; ARRSRs 55-1, 55-11, 160-34									
(1) Establish communications with recovery force	3d			4d	26 NOV	1 DEC 75 mac jlc	(4d)	10 APR 80	14 APR 80
(2) Determine most effective vehicle/method	2b			3c	26 NOV	1 DEC 75 mac jlc	(4c)	10 APR 80	14 APR 80
(3) Pre-arrange location/time	2b			3c	26 NOV	1 DEC 75 mac jlc	(4c)	10 APR 80	14 APR 80
(4) Determine request specialized assistance	2b			3c	26 NOV	1 DEC 75 mac jlc	(4c)	10 APR 80	14 APR 80
(5) Transport personnel/equipment to proper location	3c			4c	26 NOV	1 DEC 75 mac jlc	(4d)	10 APR 80	14 APR 80
(6) Prepare personnel/equipment	2b			3c	26 NOV	1 DEC 75 mac jlc	(4c)	10 APR 80	14 APR 80
(7) Direct/vector recovery forces to proper location	2b			3c	26 NOV	1 DEC 75 mac jlc	(4c)	10 APR 80	14 APR 80
(8) Use appropriate recovery devices/techniques	2b			3c	26 NOV	1 DEC 75 mac jlc	(4c)	10 APR 80	14 APR 80

1. TASKS, KNOWLEDGES AND STUDY REFERENCES	PROFICIENCY LEVEL, PROGRESS RECORD AND CERTIFICATION								
	2. 3 Skill Level			3. 5 Skill Level			4. 7 Skill Level		
	A AFSC/Crs	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials	A AFSC	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials	A AFSC/Crs	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials
9f. Navigation/travel techniques									
SR: AFM 64-3; Army FM 21-26									
(1) Apply marginal information/symbols to maps	2b			3c	26 NOV	1 DEC 75 MAC JZ	(4c)	20 Jul	20 Jul 80
(2) Use magnetic compass	2b			3c	26 NOV	1 DEC 75 MAC JZ	(4c)	20 Jul	20 Jul 80
(3) Perform map/compass orientation	2b			3c	26 NOV	1 DEC 75 MAC JZ	(4c)	20 Jul	20 Jul 80
(4) Determine positions on map	2b			3c	26 NOV	1 DEC 75 MAC JZ	(4c)	20 Jul	20 Jul 80
(5) Determine need for travel	2b			3c	26 NOV	1 DEC 75 MAC JZ	(4c)	20 Jul	20 Jul 80
(6) Determine best travel times	2b			3c	26 NOV	1 DEC 75 MAC JZ	(4c)	20 Jul	20 Jul 80
(7) Select routes of travel	2b			3c	26 NOV	1 DEC 75 MAC JZ	(4c)	20 Jul	20 Jul 80
(8) Apply walking techniques	2b			3c	26 NOV	1 DEC 75 MAC JZ	(4c)	20 Jul	20 Jul 80
(9) Perform burden carrying techniques	2b			3c	26 NOV	1 DEC 75 MAC JZ	(4c)	20 Jul	20 Jul 80
(10) Determine distance traveled	2b			3c	26 NOV	1 DEC 75 MAC JZ	(4c)	20 Jul	20 Jul 80
(11) Circumnavigate obstacles	2b			3c	26 NOV	1 DEC 75 MAC JZ	(4c)	20 Jul	20 Jul 80
(12) Determine direction by use of celestial bodies, terrain and prevailing winds	2b			3c	26 NOV	1 DEC 75 MAC JZ	(4c)	20 Jul	20 Jul 80
(13) Construct/use topographic grid systems	2b			3c	26 NOV	1 DEC 75 MAC JZ	(4c)	20 Jul	20 Jul 80
Mountain rescue techniques									
SR: AFM 64-3; Army FM 31-72									
SR: TL 9690-6-1									
(1) Construct basic knots	2b			3c	26 NOV	1 DEC 75 MAC JZ	(4c)	15 AUG 79	22 SEP 79
(2) Determine specific environmental hazards	2b			3c	26 NOV	1 DEC 75 MAC JZ	(4c)	15 AUG 79	22 SEP 79
(3) Apply sound judgement/safety precautions	C			C	26 NOV	1 DEC 75 MAC JZ	(4c)	15 AUG 79	22 SEP 79
(4) Perform correct hand/foot holds	2b			3c	26 NOV	1 DEC 75 MAC JZ	(4c)	15 AUG 79	22 SEP 79
(5) Apply rope management	2b			3c	26 NOV	1 DEC 75 MAC JZ	(4c)	15 AUG 79	22 SEP 79
(6) Perform belay techniques	2b			3c	26 NOV	1 DEC 75 MAC JZ	(4c)	15 AUG 79	22 SEP 79
(7) Perform balance climbing techniques	2b			3c	26 NOV	1 DEC 75 MAC JZ	(4c)	15 AUG 79	22 SEP 79
(8) Construct mechanical advantages	2b			3c	26 NOV	1 DEC 75 MAC JZ	(4c)	15 AUG 79	22 SEP 79
(9) Construct natural/artificial anchors	2b			3c	26 NOV	1 DEC 75 MAC JZ	(4c)	15 AUG 79	22 SEP 79
(10) Construct brake systems	2b			3c	26 NOV	1 DEC 75 MAC JZ	(4c)	15 AUG 79	22 SEP 79
(11) Construct horizontal hauling line	2b			3c	26 NOV	1 DEC 75 MAC JZ	(4c)	15 AUG 79	22 SEP 79

1. TASKS, KNOWLEDGES AND STUDY REFERENCES	PROFICIENCY LEVEL, PROGRESS RECORD AND CERTIFICATION								
	2. 3 Skill Level			3. 5 Skill Level			4. 7 Skill Level		
	A AFSC/Crs	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials	A AFSC	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials	A AFSC/Crs	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials
9g(12) Perform individual rappelling techniques	2b			3c	26 JUN 79	1 DEC 75 mac jlc	(4c)	15 JUN 79	22 SEP 79
(13) Perform rope ascension	2b			3c	26 JUN 79	1 DEC 75 mac jlc	(4c)	15 JUN 79	22 SEP 79
(14) Perform buddy rappel	2b			3c	26 JUN 79	1 DEC 75 mac jlc	(4c)	15 JUN 79	22 SEP 79
(15) Perform tree evacuation	2b			3c	26 JUN 79	1 DEC 75 mac jlc	(4c)	15 JUN 79	22 SEP 79
(16) Perform horizontal/vertical litter evacuation	2b			3c	26 JUN 79	1 DEC 75 mac jlc	4c	15 JUN 79	22 SEP 79
(17) Perform roped party climb	2b			3c	26 JUN 79	1 DEC 75 mac jlc	(4c)	15 JUN 79	22 SEP 79
(18) Determine avalanche factors	b			3c	26 JUN 79	1 DEC 75 mac jlc	(4c)	15 JUN 79	22 SEP 79
(19) Determine avalanche hazards	b			3c	26 JUN 79	1 DEC 75 mac jlc	(4c)	15 JUN 79	22 SEP 79
(20) Determine avalanche rescue techniques	b			3c	26 JUN 79	1 DEC 75 mac jlc	(4c)	15 JUN 79	22 SEP 79
(21) Determine snow/ice climbing techniques	b			3c	26 JUN 79	1 DEC 75 mac jlc	(4c)	15 JUN 79	22 SEP 79
(22) Determine glacial travel techniques	b			3c	26 JUN 79	1 DEC 75 mac jlc	(4c)	15 JUN 79	22 SEP 79
(23) Apply crevasse rescue techniques	2b			3c	26 JUN 79	1 DEC 75 mac jlc	(4c)	15 JUN 79	22 SEP 79
Added: (h) Escape/evasion techniques									
SR: AFM 200-3 (Secret); AFPs 50-53, 34-10-1; Army FMs 27-10, 31-15, 31-21; USAFEM 50-6; DOD Directive 1300.3 SR: Army FM 21-76									
(1) Provide for himself/others during emergency conditions	C			C	26 JUN 79	1 DEC 75 mac jlc	(D)	1 MAY 80	2 Jun 80
(2) Apply code of conduct	C			C	26 JUN 79	1 DEC 75 mac jlc	(D)	1 MAY 80	2 Jun 80
(3) Apply camouflage/concealment techniques	2b			3c	26 JUN 79	1 DEC 75 mac jlc	(4c)	1 MAY 80	2 Jun 80
(4) Adapt survival principles/techniques of evasion	2b			3c	26 JUN 79	1 DEC 75 mac jlc	(4c)	1 MAY 80	2 Jun 80
(5) Perform evasion movement	2b			3c	26 JUN 79	1 DEC 75 mac jlc	(4c)	1 MAY 80	2 Jun 80
(6) Recognize nature/impact of captivity	B			C	26 JUN 79	1 DEC 75 mac jlc	(D)	1 MAY 80	2 Jun 80
(7) Determine psychological factors of combat survival/captivity	B			C	26 JUN 79	1 DEC 75 mac jlc	(D)	1 MAY 80	2 Jun 80
(8) Resist captivity/maltreatment/coercive manipulation/exploitation	B			C	26 JUN 79	1 DEC 75 mac jlc	(D)	1 MAY 80	2 Jun 80
(9) Apply concepts/methods of becoming organized in captivity	B			C	26 JUN 79	1 DEC 75 mac jlc	(D)	1 MAY 80	2 Jun 80
(10) Apply methods/techniques of escape	B			C	26 JUN 79	1 DEC 75 mac jlc	(D)	1 MAY 80	2 Jun 80
(11) Perform emergency communication procedures	C			C	26 JUN 79	1 DEC 75 mac jlc	(D)	1 MAY 80	2 Jun 80

TASKS, KNOWLEDGES AND STUDY REFERENCES	PROFICIENCY LEVEL, PROGRESS RECORD AND CERTIFICATION								
	2. 3 Skill Level			3. 5 Skill Level			4. 7 Skill Level		
	A AFSC/Crs	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials	A AFSC	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials	A AFSC/Crs	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials
9h(11) SR: AFR 64-3									
(12) Perform combat recovery techniques	2b			3c	26 JUN 75	1 DEC 75 <i>MAC</i> JFL	(4c)	1 JAN 80	<i>SAF</i> <i>26 JUN 80</i>
10. WATER OPERATIONS									
SR: NAVSHIPS 0994-001-9010 (Vol 1); ARRSR 55-11									
a. Scuba techniques									
(1) Apply general principles of diving	B			C	26 JUN 75	1 DEC 75 <i>MAC</i> JFL	(C)	1 JAN 80	14 APR 80
(2) Determine physiological effects of underwater environment	B			C	26 JUN 75	1 DEC 75 <i>MAC</i> JFL	(D)	1 JAN 80	14 APR 80
(3) Apply principles of underwater physics	B			C	26 JUN 75	1 DEC 75 <i>MAC</i> JFL	(D)	1 JAN 80	14 APR 80
(4) Use diving tables	2b			3c	26 JUN 75	1 DEC 75 <i>MAC</i> JFL	(4d)	1 JAN 80	14 APR 80
(5) Determine diving hazards/restrictions	3b			3c	26 JUN 75	1 DEC 75 <i>MAC</i> JFL	(4d)	1 JAN 80	14 APR 80
(6) Perform duties of diving supervisor	3b			3c	26 JUN 75	1 DEC 75 <i>MAC</i> JFL	(4d)	1 JAN 80	14 APR 80
(7) Dive	3b			3c	26 JUN 75	1 DEC 75 <i>MAC</i> JFL	(4d)	1 JAN 80	14 APR 80
(8) Perform equipment maintenance/handling	3b			3c	26 JUN 75	1 DEC 75 <i>MAC</i> JFL	(4d)	1 JAN 80	14 APR 80
(9) Refill scuba tanks	3b			3c	26 JUN 75	1 DEC 75 <i>MAC</i> JFL	(4d)	1 JAN 80	14 APR 80
(10) Perform underwater search operations	2b			3c	26 JUN 75	1 DEC 75 <i>MAC</i> JFL	(4c)	1 JAN 80	14 APR 80
(11) Use diver/swimmer signals	2b			3c	26 JUN 75	1 DEC 75 <i>MAC</i> JFL	(4d)	1 JAN 80	14 APR 80
b. Perform water recovery techniques	2b			3c	26 JUN 75	1 DEC 75 <i>MAC</i> JFL	(4c)	1 JAN 80	14 APR 80
SR: ARRSR 55-5									
c. Apply watercraft management procedures	-			B	26 JUN 75	1 DEC 75 <i>MAC</i> JFL	(C)	1 JAN 80	14 APR 80
SR: ARRSR 55-11 (Chap 4)									
d. Perform surface swim	3b			3c	26 JUN 75	1 DEC 75 <i>MAC</i> JFL	(4d)	1 JAN 80	14 APR 80
e. Identify/treat associated environmental injuries	3b			3c	26 JUN 75	1 DEC 75 <i>MAC</i> JFL	(4d)	1 JAN 80	14 APR 80
SR: ARRSR 160-34									
11. FLIGHT OPERATIONS									
SR: ARRSR 55-5; ARRSRs 55-1, 55-11, 160-34									

1. TASKS, KNOWLEDGES AND STUDY REFERENCES	PROFICIENCY LEVEL, PROGRESS RECORD AND CERTIFICATION								
	2. 3 Skill Level			3. 5 Skill Level			4. 7 Skill Level		
	A AFSC/Crs	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials	A AFSC	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials	A AFSC/Crs	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials
11a. Aerial delivery equipment									
SR: T.O.s 14D1-2-181, 14D1-2-396	ARRSR	55-11							
(1) Inspect/store personnel/cargo/ wind drift parachutes	3b			3c	26 Nov 75	1 DEC 75 MAC JLC	(4c)	26 Oct 79	SHF JLC 26 OCT 79
(2) Pack personnel/cargo/wind drift parachutes	b			3c	26 Nov 75	1 DEC 75 MAC JLC	4c	26 Oct 79	SHF JLC 26 OCT 79
(3) Pack equipment/supplies for aerial delivery	b			3c	26 Nov 75	1 DEC 75 MAC JLC	(4c)	26 Oct 79	SHF JLC 26 OCT 79
b. Parachuting techniques									
SR: T.O.s 14D1-2-2, 14D1-2-181, 14D1-2-396; ARRSR 55-11									
(1) Determine parachute capabilities/utilization	3b			3c	26 Nov 75	1 DEC 75 MAC JLC	(4d)	26 Oct 79	SHF JLC 26 OCT 79
(2) Prepare/don equipment	3b			3c	26 Nov 75	1 DEC 75 MAC JLC	(4c)	26 Oct 79	SHF JLC 26 OCT 79
(3) Determine hazards/restrictions	3b			3c	26 Nov 75	1 DEC 75 MAC JLC	(4d)	26 Oct 79	SHF JLC 26 OCT 79
(4) Determine emergency use of reserve parachute	C			C	26 Nov 75	1 DEC 75 MAC JLC	(D)	26 Oct 79	SHF JLC 26 OCT 79
(5) Use checklists	3b			3c	26 Nov 75	1 DEC 75 MAC JLC	(4d)	26 Oct 79	SHF JLC 26 OCT 79
(6) Perform aircraft exit	3b			3c	26 Nov 75	1 DEC 75 MAC JLC	(4c)	26 Oct 79	SHF JLC 26 OCT 79
(7) Perform descent procedures	3b			3c	26 Nov 75	1 DEC 75 MAC JLC	(4c)	26 Oct 79	SHF JLC 26 OCT 79
(8) Perform land jump	3b			3c	26 Nov 75	1 DEC 75 MAC JLC	(4c)	26 Oct 79	SHF JLC 26 OCT 79
(9) Perform water jump	3b			3c	26 Nov 75	1 DEC 75 MAC JLC	(4c)	26 Oct 79	SHF JLC 26 OCT 79
(10) Perform night jump	3b			3c	26 Nov 75	1 DEC 75 MAC JLC	(4c)	26 Oct 79	SHF JLC 26 OCT 79
(11) Perform tree jump	3b			3c	26 Nov 75	1 DEC 75 MAC JLC	(4c)	26 Oct 79	SHF JLC 26 OCT 79
(12) Perform parachute landing fall/water entry/tree entry techniques	3b			3c	26 Nov 75	1 DEC 75 MAC JLC	(4c)	26 Oct 79	SHF JLC 26 OCT 79
c. Jumpmaster techniques									
SR: ARRSR 55-11									
(1) Perform pre-deployment preparations	-			3c	26 Nov 75	1 DEC 75 MAC JLC	(4c)	26 Oct 79	SHF JLC 26 OCT 79
(2) Conduct mission briefings	-			3c	26 Nov 75	1 DEC 75 MAC JLC	(4c)	26 Oct 79	SHF JLC 26 OCT 79
(3) Inspect/prepare aircraft	-			3c	26 Nov 75	1 DEC 75 MAC JLC	(4c)	26 Oct 79	SHF JLC 26 OCT 79
(4) Determine hazards/responsibilities	-			3c	26 Nov 75	1 DEC 75 MAC JLC	(4d)	26 Oct 79	SHF JLC 26 OCT 79
(5) Use checklists	-			3c	26 Nov 75	1 DEC 75 MAC JLC	(4d)	26 Oct 79	SHF JLC 26 OCT 79
(6) Determine wind drift/exit point	-			3c	26 Nov 75	1 DEC 75 MAC JLC	(4c)	26 Oct 79	SHF JLC 26 OCT 79
(7) Establish flight patterns	-			3c	26 Nov 75	1 DEC 75 MAC JLC	(4c)	26 Oct 79	SHF JLC 26 OCT 79

1. TASKS, KNOWLEDGES AND STUDY REFERENCES	PROFICIENCY LEVEL, PROGRESS RECORD AND CERTIFICATION								
	2. 3 Skill Level			3. 5 Skill Level			4. 7 Skill Level		
	A AFSC/Crs	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials	A AFSC	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials	A AFSC/Crs	B Date OJT Started	C Date Completed & Trainee's Supervisor's Initials
11c(8) Perform deployment procedures	-			3c	26 Nov 75	1 DEC 75 mac JFL	(4c)	26 Nov 75	SMT JFL 26 Nov 75
(9) Conduct post deployment procedures	-			3c	26 Nov 75	1 DEC 75 mac JFL	(4c)	26 Nov 75	SMT JFL 26 Nov 75
(10) Apply safety procedures	-			3c	26 Nov 75	1 DEC 75 mac JFL	(4c)	26 Nov 75	SMT JFL 26 Nov 75
d. Drop zone procedures									
SR: ARRSR 55-11									
(1) Determine hazards/responsibilities	b			3d	26 Nov 75	1 DEC 75 mac JFL	(4d)	26 Nov 75	SMT JFL 26 Dec 79
(2) Apply training restrictions	b			3c	26 Nov 75	1 DEC 75 mac JFL	(4c)	26 Nov 75	SMT JFL 26 Dec 79
(3) Perform voice communications	b			3c	26 Nov 75	1 DEC 75 mac JFL	(4c)	26 Nov 75	SMT JFL 26 Dec 79
(4) Use signals	b			3c	26 Nov 75	1 DEC 75 mac JFL	(4d)	26 Nov 75	SMT JFL 26 Dec 79
(5) Perform medical coverage/evacuation procedures	b			3c	26 Nov 75	1 DEC 75 mac JFL	(4d)	26 Nov 75	SMT JFL 26 Dec 79
e. Recovery techniques									
SR: ARRSR 55-5; ARRSRs 55-1, 55-11, 160-34									
(1) Determine aerial search/scanning techniques	C			C	26 Nov 75	1 DEC 75 mac JFL	(D)	26 Dec 75	SMT JFL 14 APR 80
(2) Use specialized rescue/recovery devices	-			3c	26 Nov 75	1 DEC 75 mac JFL	4c	26 Dec 75	SMT JFL 14 APR 80
(3) Prepare aircraft to receive patients	-			3c	26 Nov 75	1 DEC 75 mac JFL	(4c)	26 Dec 75	SMT JFL 14 APR 80
(4) Load/position patient	-			3c	26 Nov 75	1 DEC 75 mac JFL	(4c)	26 Dec 75	SMT JFL 14 APR 80
(5) Determine physiological effects of aircraft evacuation	C			C	26 Nov 75	1 DEC 75 mac JFL	(D)	26 Dec 75	SMT JFL 14 APR 80
(6) Brief patients on emergency procedures	-			3c	26 Nov 75	1 DEC 75 mac JFL	(4c)	26 Dec 75	SMT JFL 14 APR 80
(7) Prepare patients for flight	3b			3c	26 Nov 75	1 DEC 75 mac JFL	(4d)	26 Dec 75	SMT JFL 14 APR 80
(8) Care for patients during flight	-			3c	26 Nov 75	1 DEC 75 mac JFL	(4d)	26 Dec 75	SMT JFL 14 APR 80
(9) Detect in-flight dangers/hazards	-			C	26 Nov 75	1 DEC 75 mac JFL	(D)	26 Dec 75	SMT JFL 14 APR 80
(10) Locate/use emergency equipment	-			3c	26 Nov 75	1 DEC 75 mac JFL	(4c)	26 Dec 75	SMT JFL 14 APR 80
(11) Perform emergency off-loading	-			3c	26 Nov 75	1 DEC 75 mac JFL	(4c)	26 Dec 75	SMT JFL 14 APR 80
12. TEAM LEADER									
SR: ARRSR 55-11 (Chaps 2, 19)									
a. Determine/apply authority/responsibility	-			C	26 Nov 75	1 DEC 75 mac JFL	(D)	26 Dec 75	SMT JFL 21 Feb 80
h. Apply effective team utilization	-			C	26 Nov 75	1 DEC 75 mac JFL	(D)	26 Dec 75	SMT JFL 21 Feb 80

T.	TASKS, KNOWLEDGES AND STUDY REFERENCES	PROFICIENCY LEVEL, PROGRESS RECORD AND CERTIFICATION								
		2. 3 Skill Level			3. 5 Skill Level			4. 7 Skill Level		
		A	B	C	A	B	C	A	B	C
		AFSC/Crs	Date OJT Started	Date Completed & Trainee's Supervisor's Initials	AFSC	Date OJT Started	Date Completed & Trainee's Supervisor's Initials	AFSC/Crs	Date OJT Started	Date Completed & Trainee's Supervisor's Initials
	12c. Perform on-scene evaluation	-			C	26 Nov 75	1 DEC 75 - mac JFC	(D)	26 DEC	21 Feb 80 SPT FCB
	d. Conduct effective planning	-			C	26 Nov 75	1 DEC 75 - mac JFC	(D)	26 DEC	21 Feb 80 SPT FCB
	e. Brief responsible personnel	-			C	26 Nov 75	1 DEC 75 - mac JFC	(D)	26 DEC	21 Feb 80 SPT FCB
	f. Apply methods of improvising equipment	-			C	26 Nov 75	1 DEC 75 - mac JFC	(D)	26 DEC	21 Feb 80 SPT FCB
	g. Document mission data/results	-			C	26 Nov 75	1 DEC 75 - mac JFC	(D)	26 DEC	21 Feb 80 SPT FCB

DEPARTMENT OF THE AIR FORCE
Headquarters, US Air Force
Washington DC 20330

CHANGE 1
STS 115X0
10 September 1975

PARARESCUE/RECOVERY SPECIALIST
AND
PARARESCUE/RECOVERY TECHNICIAN

STS 115X0, 31 May 75, is changed as follows:

1. Page Change. Insert STS Atch 2, 115X0/C1 pages 23.1 and 23.2. Effective upon receipt, delete by lining through STS Atch 2, 115X0 page 23.
2. Filing. File this change sheet in back of the STS.

BY ORDER OF THE SECRETARY OF THE AIR FORCE

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Chief of Staff

JAMES J. SHEPARD, Colonel, USAF
Director of Administration

I Attachment
STS Atch 2, 115X0/C1

DEPARTMENT OF THE AIR FORCE
Headquarters, US Air Force
Washington DC 20330

Posted RHP
11 MAY 82

CHANGE 2
STS 115X0
July 1976

PARARESCUE/RECOVERY SPECIALIST
AND
PARARESCUE/RECOVERY TECHNICIAN

STS 115X0, 31 May 75, is changed as follows:

- ✓1. Page Change. Insert STS Atch 2, 115X0/C2 page 23.3.
- ✓2. Filing. File this change sheet in back of the STS.

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1 Attachment
STS Atch 2, 115X0/C2

DEPARTMENT OF THE AIR FORCE
Headquarters, US Air Force
Washington DC 20330

Posted RLR
11 MAY 82
CHANGE 3
STS 115X0
July 1978

PARARESCUE/RECOVERY SPECIALIST
AND
PARARESCUE/RECOVERY TECHNICIAN

STS 115X0, 31 May 1975, is changed as follows:

Write-In Changes. After necessary action, file this sheet in back of the STS.

<u>Page</u>	<u>Paragraph</u>	<u>Column</u>	<u>Action</u>
✓ 17	9g	1	Add SR: TC 9690-6-1
✓ 18	9h	1	Add SR: Army FM 21-76

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Chief of Staff

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